STANFORD HYPNOTIC SUSCEPTIBILITY SCALE, FORM C

Scoring Booklet for Modification by John F. Kihlstrom

Name:_____________________________________________________________ Date:____/____/____
Subject #:__________                      Experimenter:____________________

### Summary

<table>
<thead>
<tr>
<th>Item Number</th>
<th>Description</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>0</td>
<td>Eye closure</td>
<td>X</td>
</tr>
<tr>
<td>1</td>
<td>Hand lowering</td>
<td>X</td>
</tr>
<tr>
<td>2</td>
<td>Moving hands apart</td>
<td>X</td>
</tr>
<tr>
<td>3</td>
<td>Mosquito hallucination</td>
<td>X</td>
</tr>
<tr>
<td>4</td>
<td>Taste hallucination</td>
<td>X</td>
</tr>
<tr>
<td>5</td>
<td>Arm rigidity</td>
<td>X</td>
</tr>
<tr>
<td>6</td>
<td>Dream</td>
<td>X</td>
</tr>
<tr>
<td>7</td>
<td>Age regression</td>
<td>X</td>
</tr>
<tr>
<td>8</td>
<td>Arm immobilization</td>
<td>X</td>
</tr>
<tr>
<td>9</td>
<td>Anosmia</td>
<td>X</td>
</tr>
<tr>
<td>10</td>
<td>Auditory hallucination</td>
<td>X</td>
</tr>
<tr>
<td>11</td>
<td>Negative visual hallucination</td>
<td>X</td>
</tr>
<tr>
<td>12</td>
<td>Posthypnotic amnesia</td>
<td>X</td>
</tr>
<tr>
<td>13</td>
<td>Posthypnotic suggestion</td>
<td>X</td>
</tr>
<tr>
<td><strong>TOTAL</strong></td>
<td></td>
<td>X</td>
</tr>
</tbody>
</table>

- Items 1-12 are included in scoring.

### Posthypnotic Recall

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<th>Reverse</th>
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Note: If a subject fails to respond to three consecutive suggestions, the experimenter should terminate the scale with Item #12 (Posthypnotic Amnesia), including Item #13 (Posthypnotic Suggestion).

ITEM 0. Response to Induction

a. Eye Closure  Eyes do_____ do not_____ close without instruction.

   Paragraph in which eyes close:_____

b. Other Induction:______________________________________________________________

   Response:______________________________________________________________

   Remarks:______________________________________________________________

   Score + if eyes close before subject is instructed to do so deliberately.

ITEM 1. Hand Lowering

Movement during suggestion:____________________________________________________________

Movement after 10 seconds:____________________________________________________________

Remarks:______________________________________________________________

   Score + if hand lowers at least 6 inches by end of 10 seconds.

ITEM 2. Moving Hands Apart

Movement during suggestion:____________________________________________________________

Movement after 10 seconds:____________________________________________________________

Remarks:____________________________________________________________

   Score + if hands 6 inches or more apart at end of 10 seconds.
ITEM 3. Mosquito Hallucination  
Score:_____
Response during Suggestion:_____________________________________________________________
Response during 10 Second Interval:_______________________________________________________
Remarks:_____________________________________________________________________________

Score + for any grimacing, movement, or other acknowledgment of effect.

ITEM 4. Taste Hallucination  
Score:_____

a. Sweet  Initial Taste: None_____ Vague_____ Weak_____ Strong_____
Subject's Description:___________________________________________________________________
Overt Signs:__________________________________________________________________________
After Reinforcement: None_____ Vague_____ Weak_____ Strong_____
Subject's Description:___________________________________________________________________
Overt Signs:__________________________________________________________________________
Remarks:____________________________________________________________________________

b. Sour Initial Taste: None_____ Vague_____ Weak_____ Strong_____
Subject's Description:___________________________________________________________________
Comparison to Sweet:___________________________________________________________________
Overt Signs:__________________________________________________________________________
Remarks:____________________________________________________________________________

Score + if both tastes experienced and either one strong or one accompanied by overt signs.
ITEM 5. Arm Rigidity

Bending during Suggestion:______________________________

Bending during 10 second interval:______________________________

Extent of Effort: none____ some_____ much____

Remarks:__________________________________________________________

Score + if less than 2 inches of arm bending during 10 seconds.

ITEM 6. Dream

Time Interval Begins__________ Ends_______________

Record dream, thoughts, images, fantasies, etc.

Shifts position:____________________________________________________

Eye movements: not recorded_____ none_____ slow_____ rapid____

Remarks:________________________________________________________________

Score + if subject has experience comparable to a dream, with imagery and action not under voluntary control (i.e., not just vague, fleeting experiences, or feelings or thoughts without accompanying imagery).
ITEM 7. Age Regression

Subject’s present age: _____.

Regression to 4th or 5th Grade

Regression to: 4th____ 5th____ other____ grade.

Inquiry:

What is your name?____________________________________________________________________

And how old are you?___________________________________________________________________

Where are you?_______________________________________________________________________

What are you doing?___________________________________________________________________

Who is your teacher?___________________________________________________________________

What is he/she doing?__________________________________________________________________

Other information:___________________________________________________________________

____________________________________________________________________________________

____________________________________________________________________________________

____________________________________________________________________________________

____________________________________________________________________________________

Change to childlike voice/vocabulary:_____________________________________________________

Speech in present_____ past_____ mixed_____ tense.

Handwriting change: none_____ some_____ striking_____.

Change in pencil grip:___________________________________________________________________

Remarks:_____________________________________________________________________________

Scoring of suggestion continues on next page.
Regression to 1st or 2nd Grade

Regression to: 1st____ 2nd____ other_____ grade.

Inquiry:

What is your name?______________________________________________________________

And how old are you?____________________________________________________________

Where are you?______________________________________________________________

What are you doing?____________________________________________________________

Who is your teacher?____________________________________________________________

What is he/she doing?____________________________________________________________

Other information:________________________________________________________________

______________________________________________________________________________

______________________________________________________________________________

Change to childlike voice/vocabulary:_____________________________________________

Speech in present_____ past_____ mixed_____ tense.

Handwriting change: none_____ some_____ striking_____.

Change in pencil grip:____________________________________________________________

Remarks:________________________________________________________________________

Score + if clear change in handwriting between present and at least one regressed age.
[Insert record of subject's responses in this booklet.]
ITEM 8. Arm Immobilization  
Score:_____

Movement during suggestion:_____________________________________________________________

Movement during 10 seconds:____________________________________________________________

Extent of effort: none_____ some_____ much_____  
Remarks:_____________________________________________________________________________

Score + if arm lifts less than 1 inch in 10 seconds.

Note. If the scale is terminated before Item #9 due to three failures,  
add one point to the subject’s final score.  
Otherwise, the subject’s score should not be adjusted.

ITEM 9. Anosmia  
Score:_____

Smell during test: none_____ vague_____ weak_____ strong_____.  
Subject’s description:______________________________________________________________

Subject’s identification:________________________________________________________________

Overt signs:___________________________________________________________________________

Smell after termination: none_____ vague_____ weak_____ strong_____.  
Subject’s description:______________________________________________________________

Subject’s identification:________________________________________________________________

Remarks:_____________________________________________________________________________

Score + if odor of substance denied and overt signs absent.

______________________________________________________________
ITEM 10. Voice Hallucination

Score:_____

Orients toward loudspeaker:______________________________________________________________

Record conversation.

Remarks:_____________________________________________________________________________

Score + if subject answers realistically at least once.

ITEM 11. Negative Visual Hallucination

Score:_____

Subject reports three boxes:______________________________________________________________

Subject hesitates_____ changes report_____ other___________________________________________

Subject reports two boxes_____. Colors: red_____ white_____ blue_____.

Remarks:_____________________________________________________________________________

Score + if third box denied or perceived vaguely (e.g., as a colored spot or shadow), whether or not sustained.

SUBJECTIVE REPORT OF HYPNOTIC DEPTH

Report:_____
Note. The test for Item #13 (Posthypnotic Suggestion)
*precedes* the test for Item #12 (Posthypnotic Amnesia)

ITEM 13. Posthypnotic Suggestion

Score:_____

Subject: does not move_____ moves to chair_____ stands up_____ other_________________________

Description:__________________________________________________________________________

Subject: remembers_____ does not remember_____ infers_____ suggestion.

Description:__________________________________________________________________________

Remarks:____________________________________________________________________________

Score + if any partial movement response.

The test for Item #12 continues on the next page.
ITEM 12. Posthypnotic Amnesia

Now, would you please tell me everything that happened since you began looking at the target?

Record items in order of mention. Permit free recall until subject reaches impasse.

____________________________________________________________________________________
____________________________________________________________________________________
____________________________________________________________________________________
____________________________________________________________________________________
____________________________________________________________________________________
____________________________________________________________________________________
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____________________________________________________________________________________
____________________________________________________________________________________
____________________________________________________________________________________
____________________________________________________________________________________

Anything else? Repeat until subject reaches further impasse.

____________________________________________________________________________________
____________________________________________________________________________________
____________________________________________________________________________________
____________________________________________________________________________________
____________________________________________________________________________________
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____________________________________________________________________________________
____________________________________________________________________________________
____________________________________________________________________________________
____________________________________________________________________________________

Number of items (Counting only #1-#11) recalled:_____
All right, now listen carefully to my words. Now you can remember everything. Now, would you please tell me again, everything that happened since you began looking at the target?

Record items in order of mention. Permit free recall until subject reaches impasse.

___________________________________________________________________________________
___________________________________________________________________________________
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Anything else? Repeat until subject reaches further impasse.

___________________________________________________________________________________
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___________________________________________________________________________________
___________________________________________________________________________________

Number of items (Counting only #1-#11) recalled:____

Score + if subject recalls both three or fewer critical items (#1-#11) on the initial amnesia test and two or more additional critical items after administration of the reversibility cue.

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Post-Experimental Interview

Do not inquire into any items that were omitted.

How did the session go today?

How did this experience compare to the last time you were hypnotized?

How about when it was suggested that there was something heavy in your hand? How did that compare to last time?

And how about the mosquito suggestion? How did it compare to the fly suggestion last time?

[Optional] What about the dream?

About the suggestion that you were going back to elementary school. What did that experience feel like?

Did you really feel like you were that age? [Probe gently for details.]

Did you have any sense of your adult identity at any time during the experience? [Probe gently for details.]
At the end it was suggested that you would change chairs when I picked up a pencil from the pencil well. What was that like?

Did you feel any urge to change chairs, or move around?

Did you remember having been given the suggestion at the time?

[If yes] How did you feel about responding?

And there was also a suggestion that you would have difficulty remembering the things that you experienced while you were hypnotized. What was it like to remember things right after you came out of hypnosis?

Did you really forget any of the suggestions?

What happened after I said "Now you can remember everything". Did anything change then?

**If recognition test administered:** When I gave you the long list of suggestions, what was it like to choose which ones you had been asked to experience? When you said "yes" to an item, indicating that you recognized it, did you actually remember being asked to do that thing, or did it just somehow "ring a bell" with you, or what?

Do you have any other comments about your experiences during hypnosis? [In response, debrief subject.]

Do you have any other comments or questions about the experiment?